

**Title: Making and the Learning Choice Tracker: Another Step in Building the Case**

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**Location: Conference (Melbourne)**

**Abstract peer reviewed by AARE ([Abstract link](#))**

My now extended study investigates how adults go about choosing to learn, regardless of whether that learning was connected to specific goals for employment, personal achievement, of general interest or incidental to their life experience. I previously showed that while theories of choice making are typically rooted in aspects of psychology, sociology, economics and education, they each have various shortcomings in terms of explanatory power. I developed a qualitative multi-stage research approach based on distinct but interconnected interviews, a key benefit of which was to create a longitudinal and recursive account of choice making. I interpreted data drawn from up to three interviews over two years per participant through a unique visual lens and tool—the Learning Choice Tracker (LCT). Analysis using the LCT showed that participant learning experiences can be attributed to unique circumstances that could not be generalised to a particular theory of choice making, nor be reduced to specific focal point attributes of human behaviour. In short, individual understanding of learning choice can be transient and is highly dependent on the perspective taken at the time by the learning choice maker. By using the LCT, I was also able to clarify, consolidate and develop rich understandings for each participant. I showed that recognition of delayed consideration of their choice making could lead to visibly emotional reactions at interview, but ultimately it was a representation they appreciated. The LCT then, helped make clear that lived experiences challenge the assumption that learners have made a rational or conscious choice to undertake learning, and theory development is needed to account for learners or non-learners engaging in educational or other settings. I have built on the findings through additional models and have recently secured ethics approval for further work. I describe here the subsequent steps that I and others are undertaking in 2023.

### **Acknowledgements**

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(website: <https://michaelhenderson.co>)

# Adult Choice Making and the Learning Choice Tracker:

## *Another Step in Building the Case*

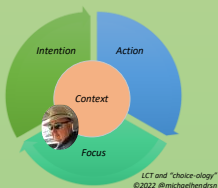
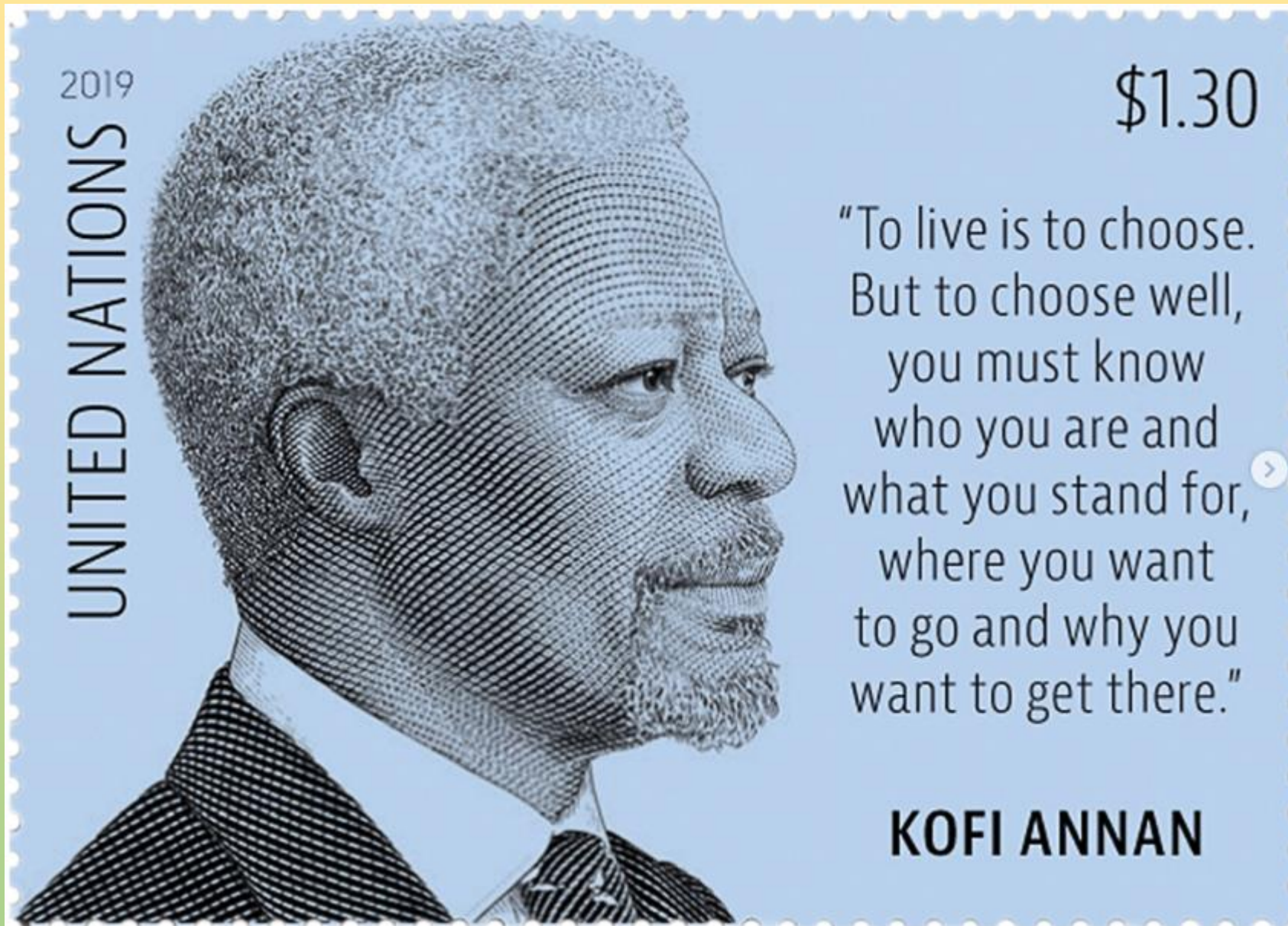
(AARE Conference 2023)



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Dr Michael John Henderson  
Monash University



[United Nations \(@unitednations\)](#) • Instagram photos and videos

Sourced 13Oct23



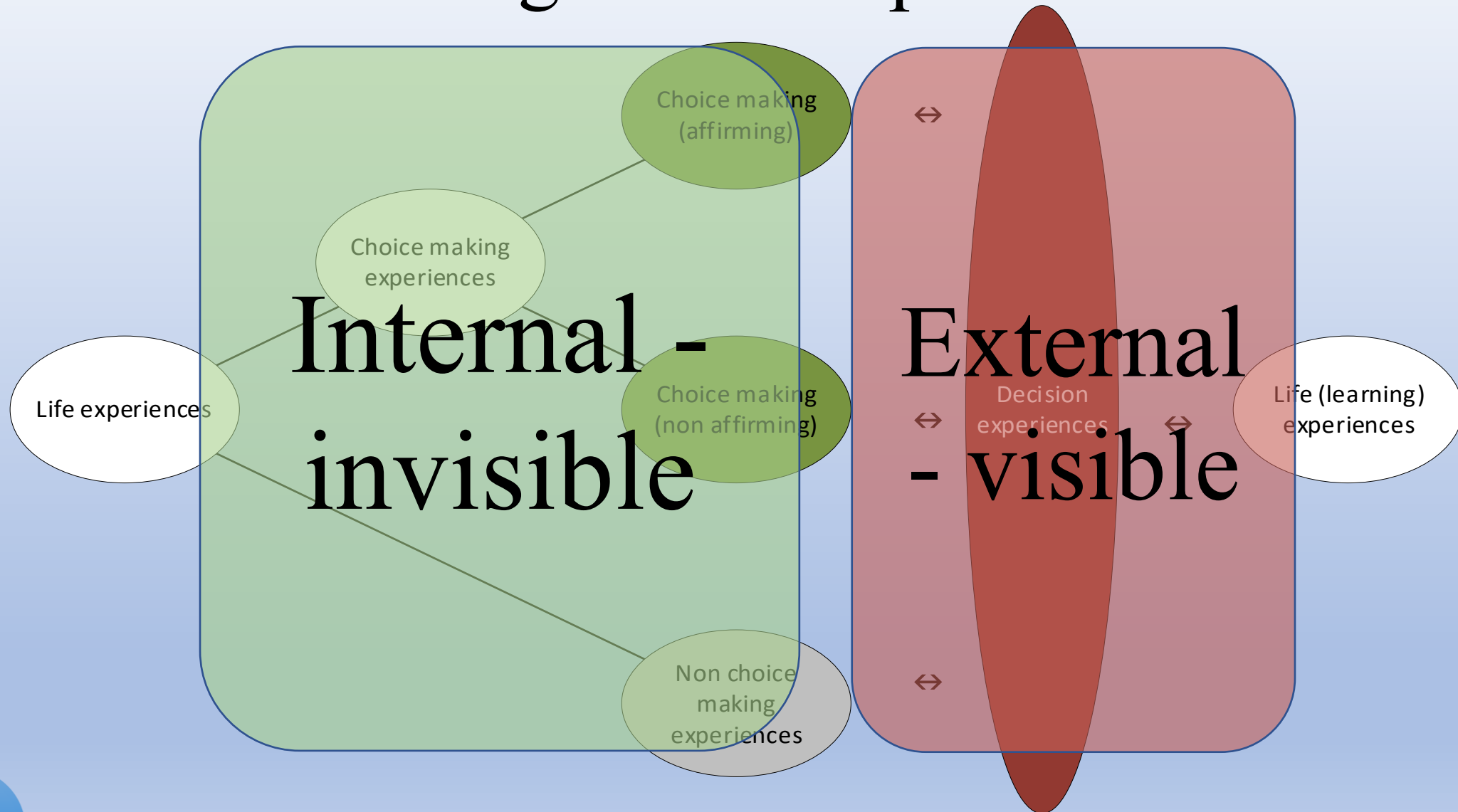


# I am going to talk about...

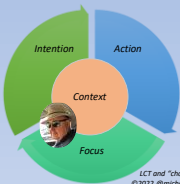
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- Choice making (and a contextual meaning)
- Adult learning and lifelong learning
- How this matters
- Our paths
- The Learning Choice Tracker
- Improvements we are making in the research
- Next steps

# Choice Making – as an experience



...showing my pragmatic distinction between choice making, choices and decisions.





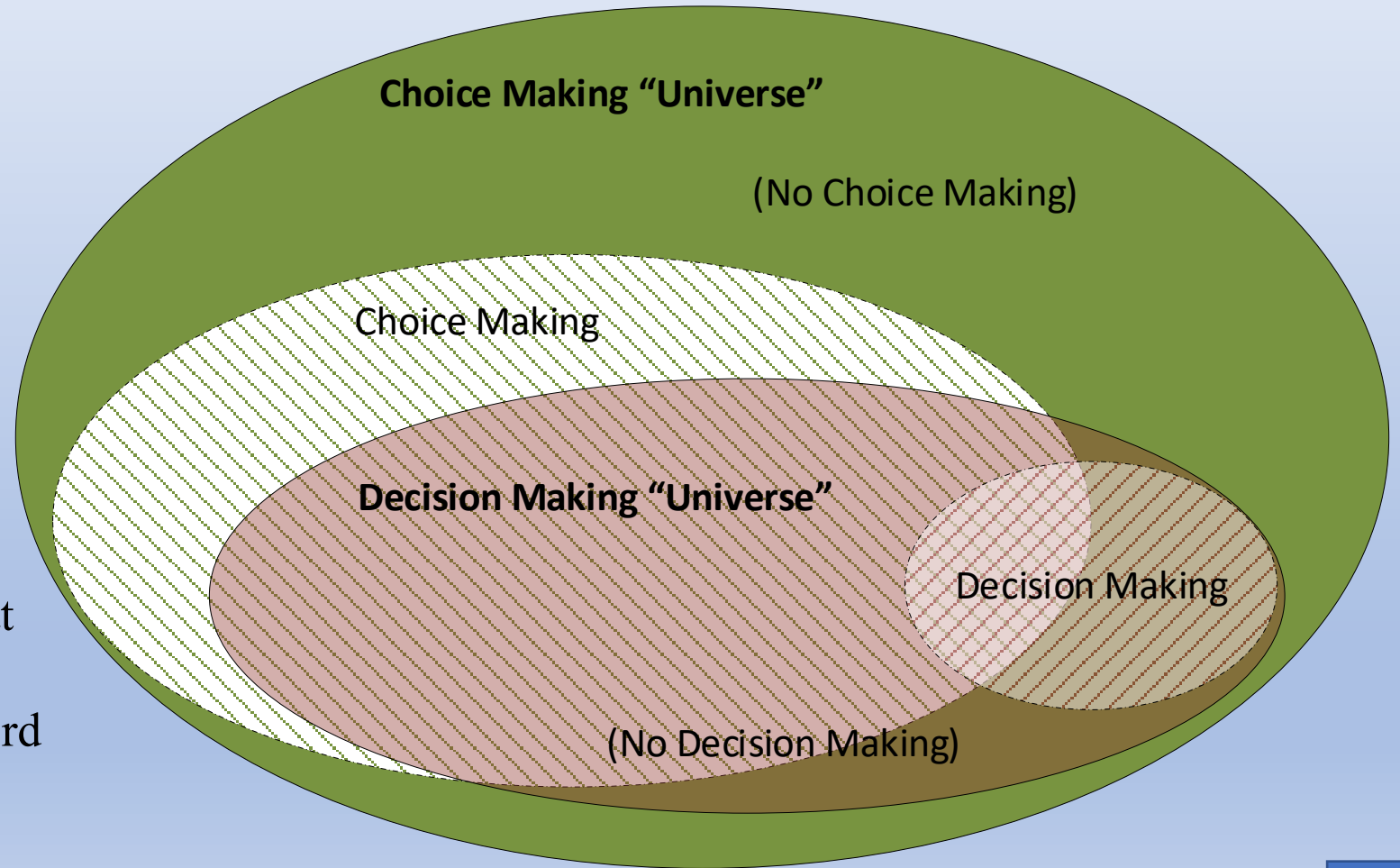
# Choice and Decision Making (from the Perspective of Choice Making)

Choice making aligns with  
having an opportunity

Decision making leads to an  
outcome

drawn from Maringe (2007), Foskett  
(2006), Reay (2000)

see meaning and etymologies (Oxford  
University Press, 2021)






“To live is to choose.  
But to choose well, you must know  
who you are and  
what you stand for,  
where you want to go and  
why you want to get there”.

Kofi Annan



Or... to choose with full awareness is needed...to live well.



at an intersection of

# Adult Learning and Lifelong Learning

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and I am grateful to:

- recent work from Broek et al (2023)
- earlier work of Jarvis (2007) in these regards.



# Adult learning



- is complex,
- includes different styles and formalities of learning, and
- often changed by economic constraints.

*‘requires a re-examining of how adults’ connection to learning is positioned in a wider social, economic, environmental context and how this context provides a conducive environment in which adults first of all would value learning and can pursue learning’.*  
(Broek et al, 2023, p.17)

# Lifelong learning

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- also complex and needs to be understood wholistically –often away from education and employment.
- I highly recommend a chapter in Jarvis' book that covers the evolving applied definition of the term (and consequences):

Jarvis, P. (2007). *Globalization, Lifelong Learning and the Learning Society : Sociological Perspectives*. Taylor & Francis Group.  
<https://ebookcentral.proquest.com/lib/monash/detail.action?docID=292788>





## Personal Perceptions of Self, Personal Roles and Capability



pre Adulthood  
Experiences  
and  
Understand

Learning  
experience

Personal Perceptions of  
Learning Options,  
Education and  
Experience of Learning

Personal Perceptions of

Learning

Experience

Personal Perceptions of

Personal Perceptions of  
Learning Effects and  
Consequences

Consequences

Consequences

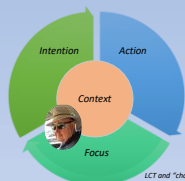
Personal Perceptions of  
Learning Effects and  
Consequences

Learning  
experience

Personal Perceptions of  
Learning Options,  
Education and  
Experience of Learning

Societal Social Context

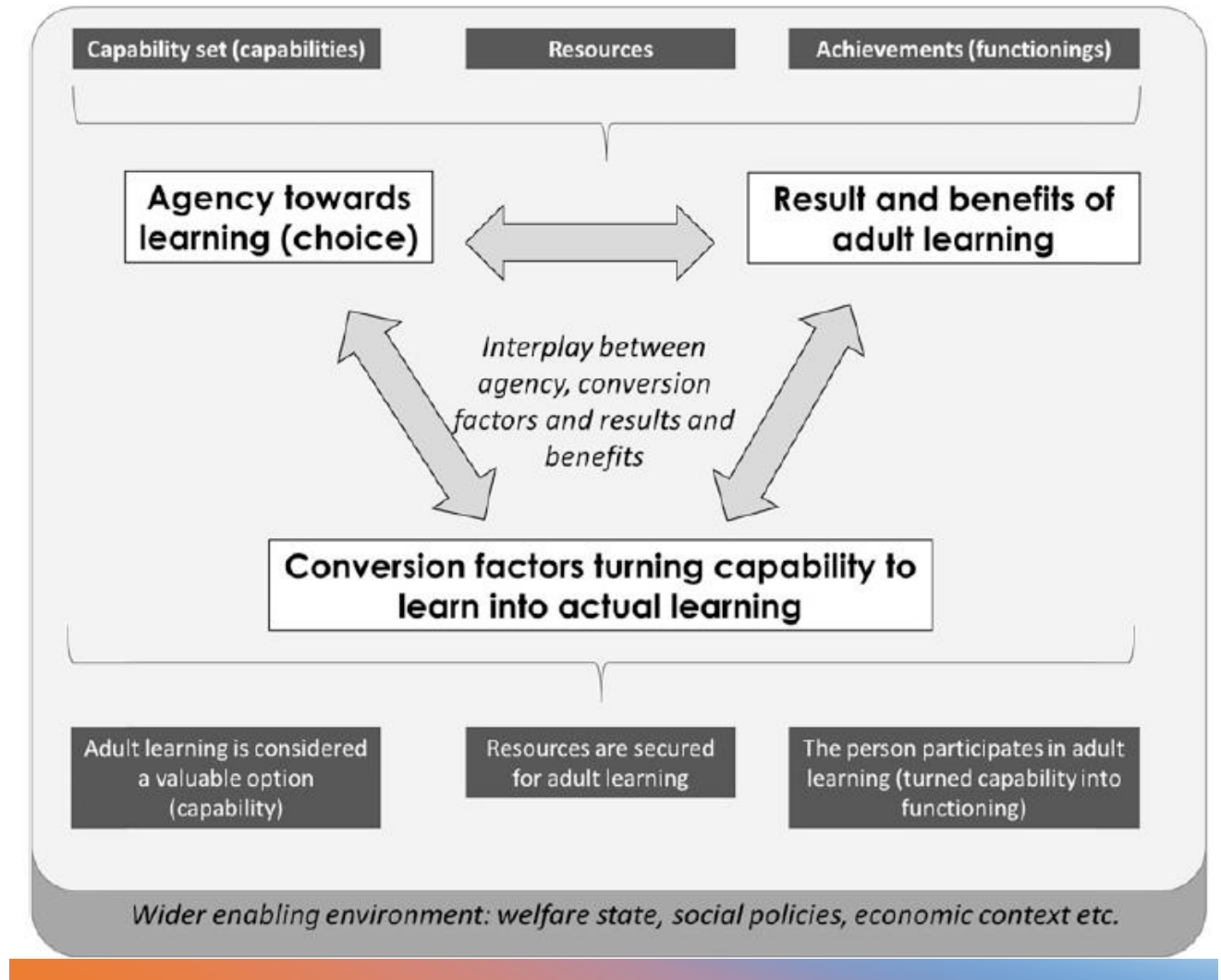
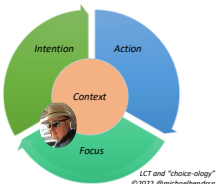
Learning Experiences



# Conversion Factors

*Broek et al., 2023, p.13)*  
*discusses “conversion factors”*  
*as a part of the “capability*  
*approach” to learning*

Broek, S., Linden, J. v. d., Kuijpers, M. A. C. T., & Semeijn, J. H. (2023). What Makes Adults Choose to Learn: Factors That Stimulate or Prevent Adults From Learning. *Journal of Adult and Continuing Education*.  
<https://doi.org/10.1177/14779714231169684>



# We are all complex learning beings

- A New Zealander... of Irish, ... and Maori descent  
... I recently learnt I have ancestors buried in Australia  
-early colonisers in Victoria
- First in family to finish high school (I had a goal-but then )
- Came to Australia due to circumstances ... from China not NZ
- I was an engineer  
... and reinvented myself-new professions, relationships,  
priorities
- And many many new learnings-formal, non-formal and informal

- How do **MY** learning choices come about?
  - How about **YOUR** choice making experiences?

MY choice making?



What Does it Mean to be  
Māori in Australia?

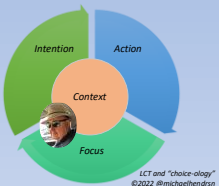
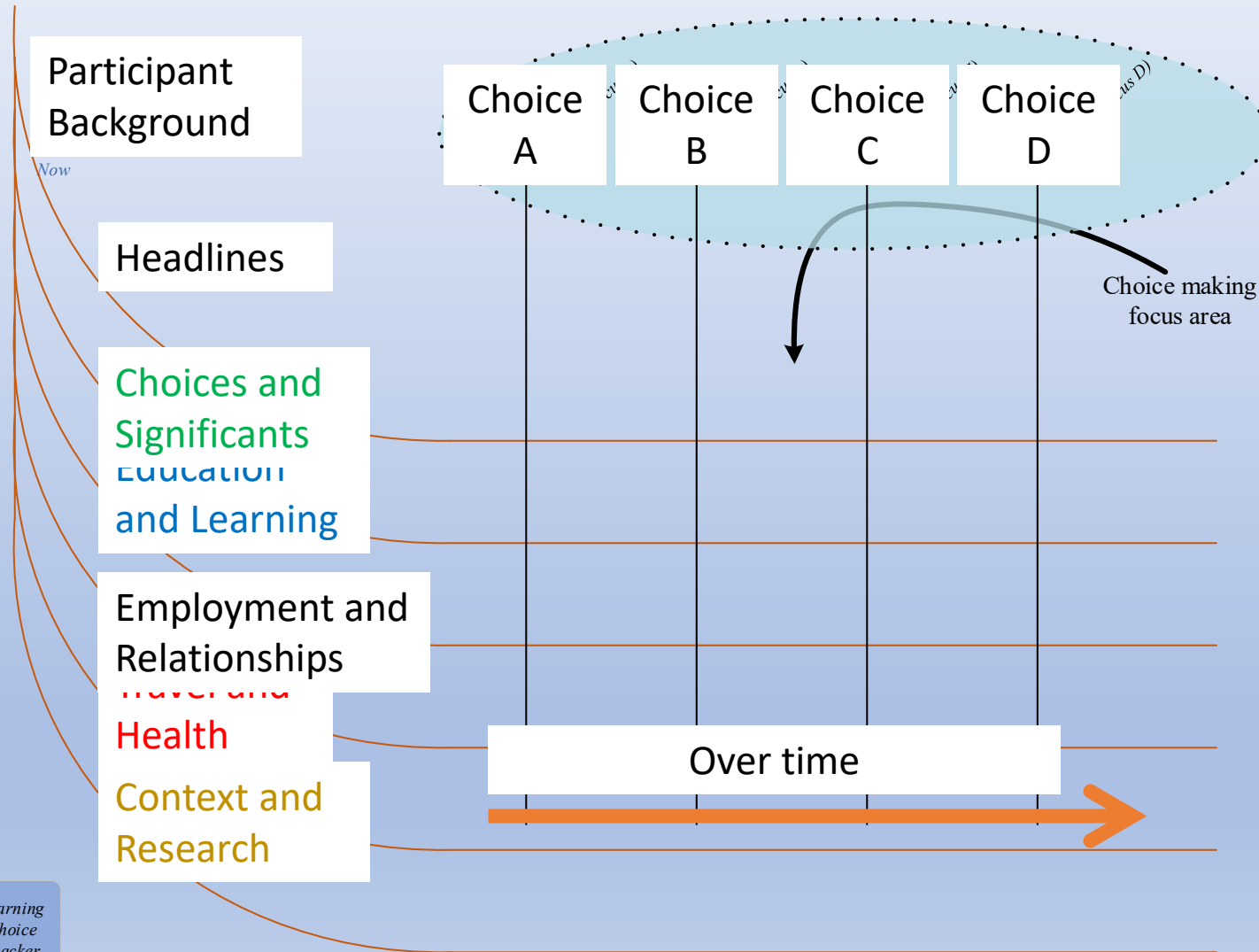
(Sezzo/Kōtare, 2021)

"Te Paranihi, or Maori War Canoe," in World History Commons, <https://worldhistorycommons.org/te-paranihi-or-maori-war-canoe> [accessed November 9, 2023]

YOUR choice making?



# Learning Choice Tracker (choice experiences)



Learning  
Choice  
Tracker

mjh 2021 (Visio)

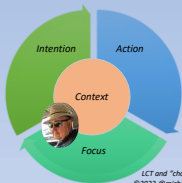
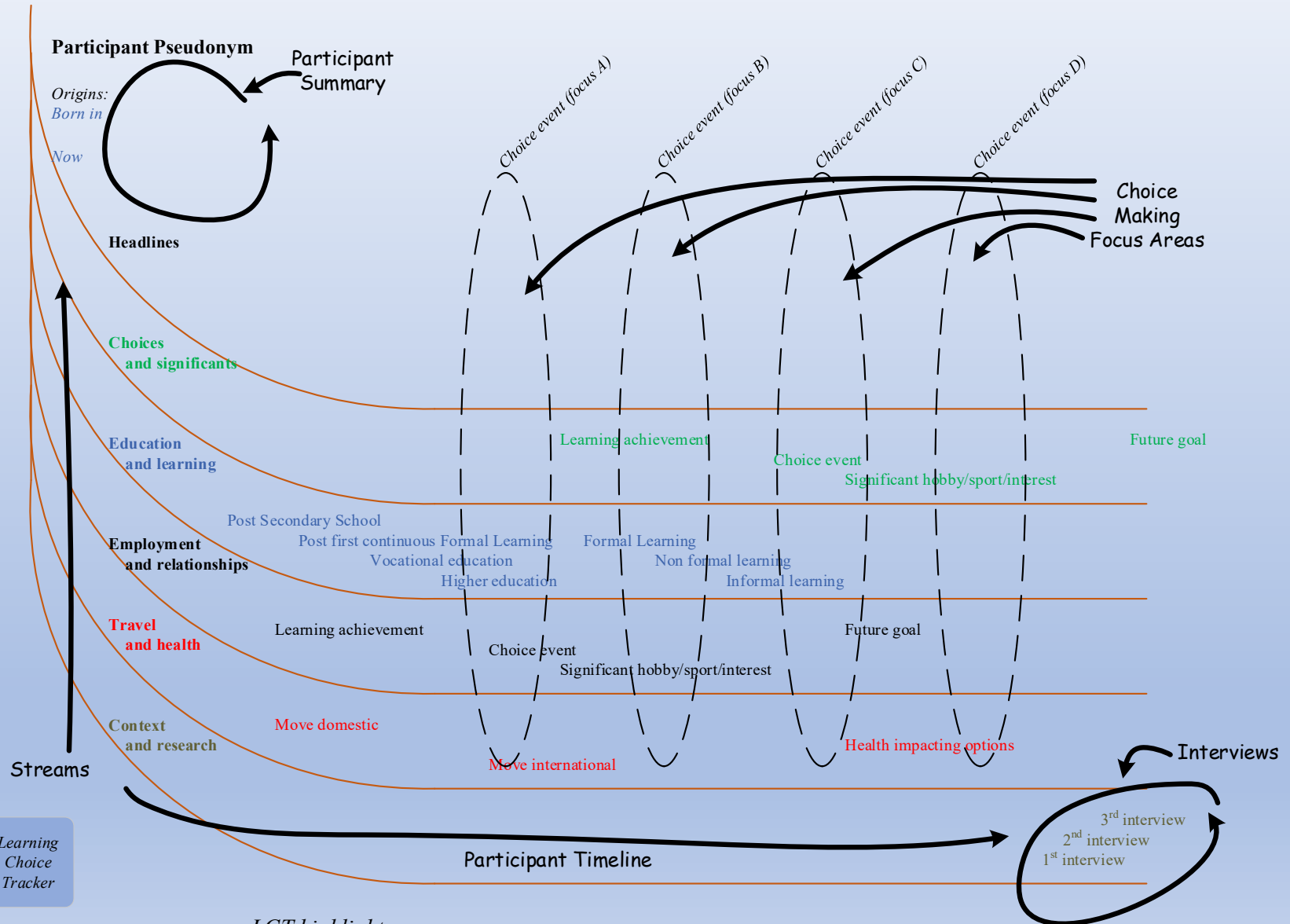
LCT choice focus



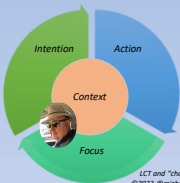
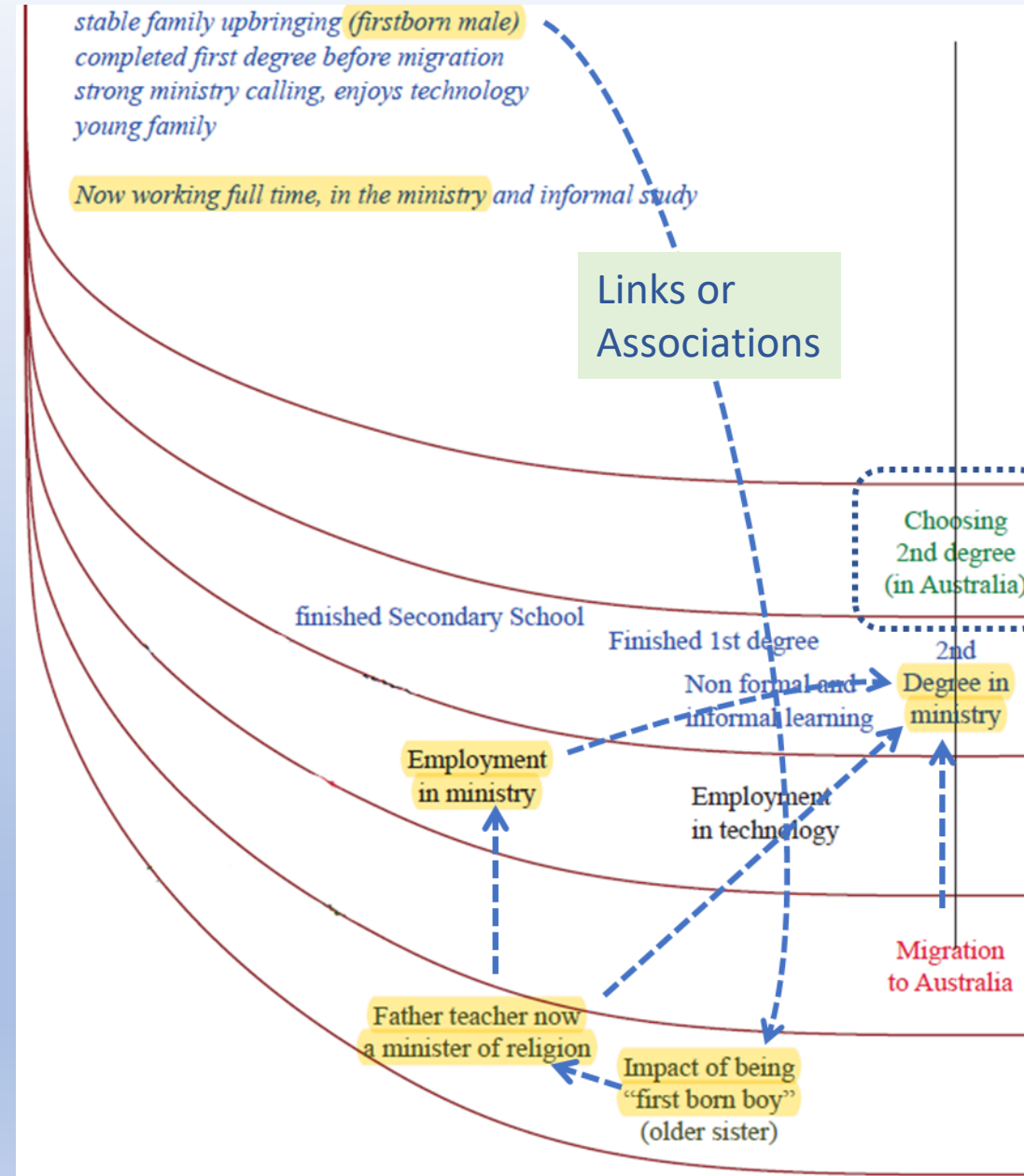


# the Learning Choice Tracker (LCT)

...for analysing and discussing key points of the life journeys of the participants

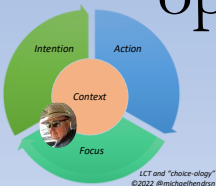


# Detailed analysis of an individual learning choice experience (from the LCT)

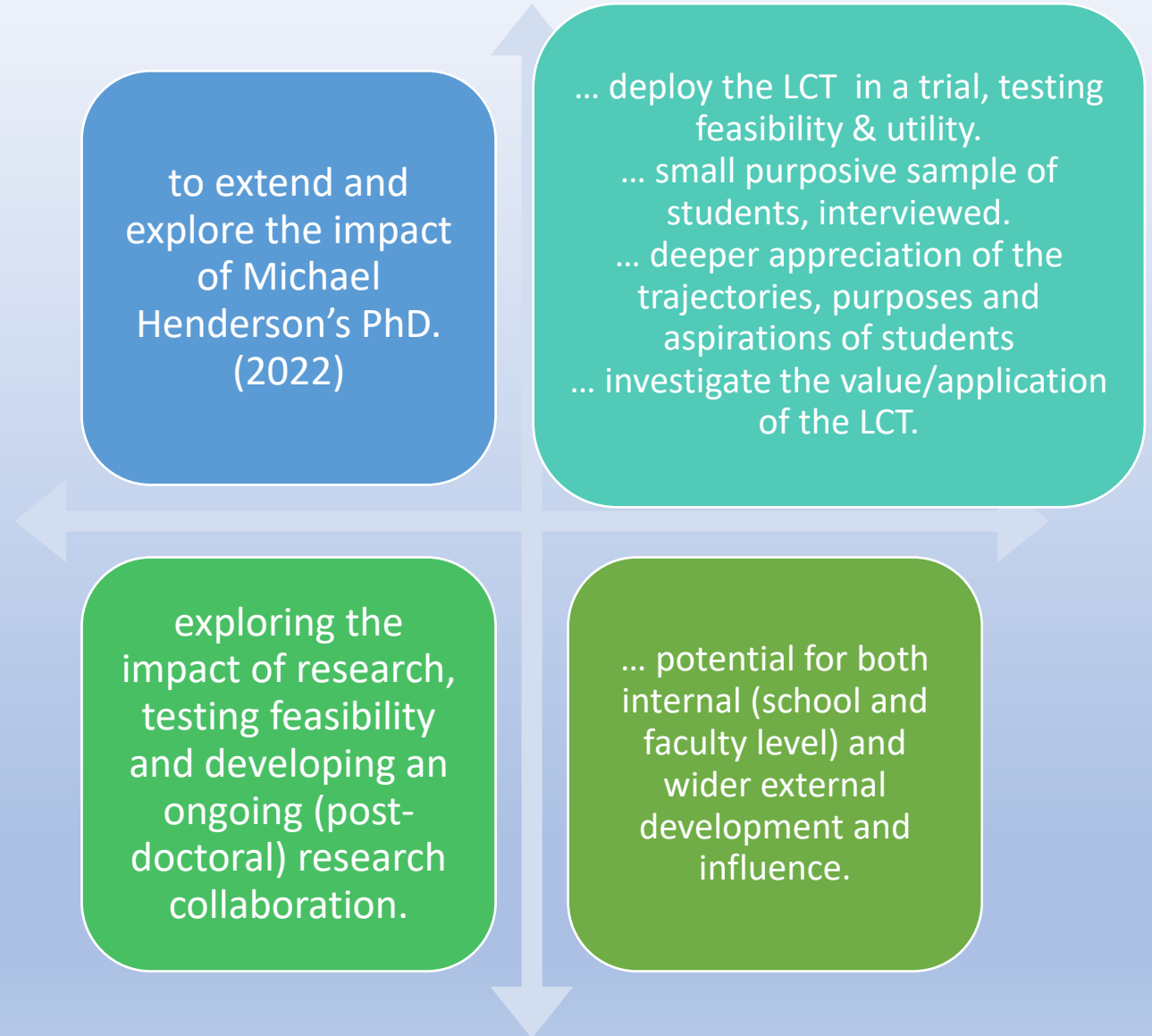


# My thesis...Implications

- the research suggests the need for a revitalized or refreshed attention to a broader, more holistic and more inclusive understanding of adults as learners – and how their respective, individual and personalized life journeys (and choices) shape them and their capabilities/strengths as learners.
- there is an opportunity to adapt the approach for a funded project that looks at the longer term implications of improved individual and cross cultural understanding on adult engagement or citizenship, self appreciation and wellbeing.
- the LCT could be used for developing and implementing a tool for practitioner use (counsellor or career) in support of improving adult learning opportunity understanding.



*First Opportunity:*  
Adult Learning  
Choice Making:  
Understanding  
Individual Choice in  
the Monash  
Education Masters  
Degree  
*...by using the LCT*

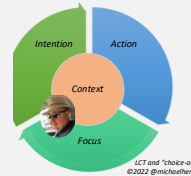


# Our project— our team



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# Master of Education student choice making



LITERATURE (2022)



ETHICS (2023)



NEW MODELS (2023)



INTERVIEWS



ANALYSIS



WRITE-UP



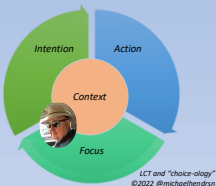
underway



PUBLICATION



*THEN... EXPLORATION OF  
OTHER LCT VARIANT  
ENABLED OPPORTUNITIES*







# Principles of current work:



Builds on semi structured interview practices from before



Uses transcription tools to provide immediate text capture



Provides a graphical representation that can be discussed immediately with the participant

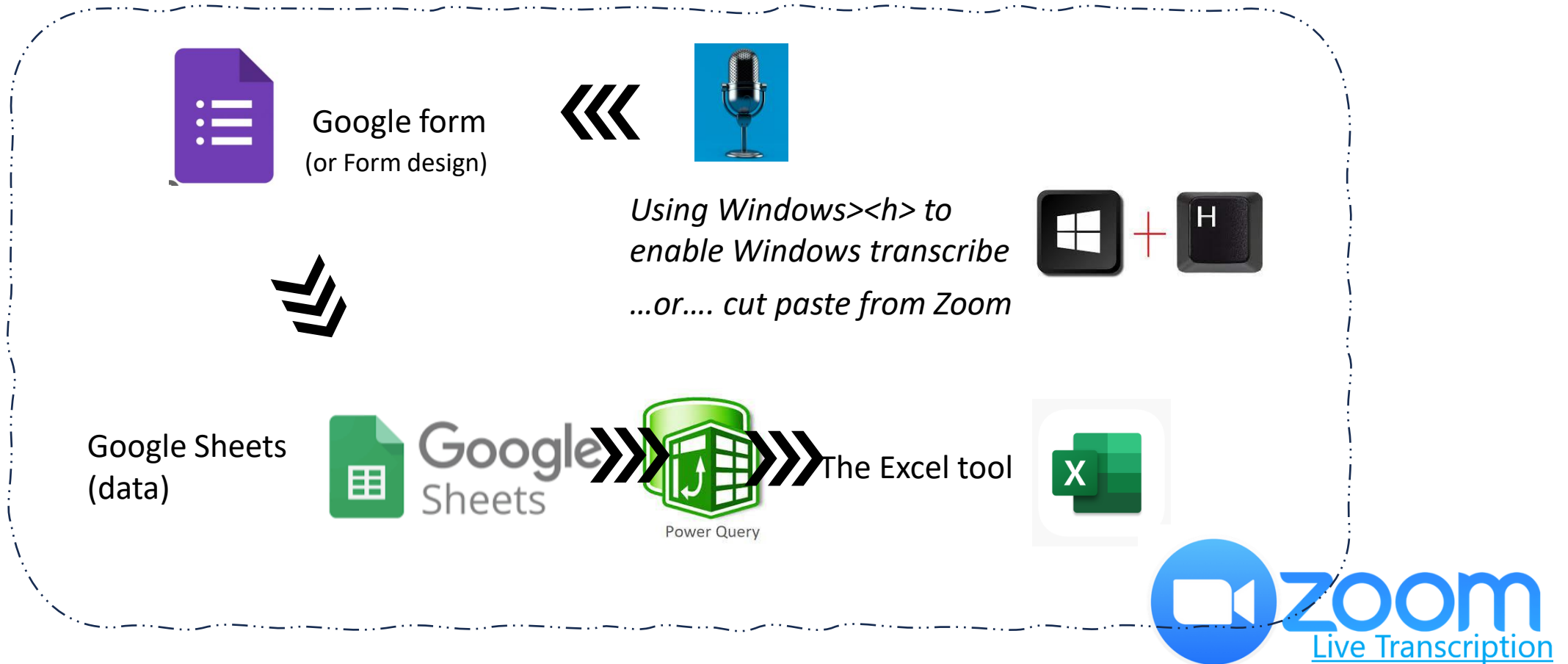


Allows for a discussion about links for contributing aspects of choice making experiences

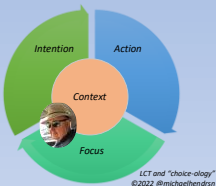
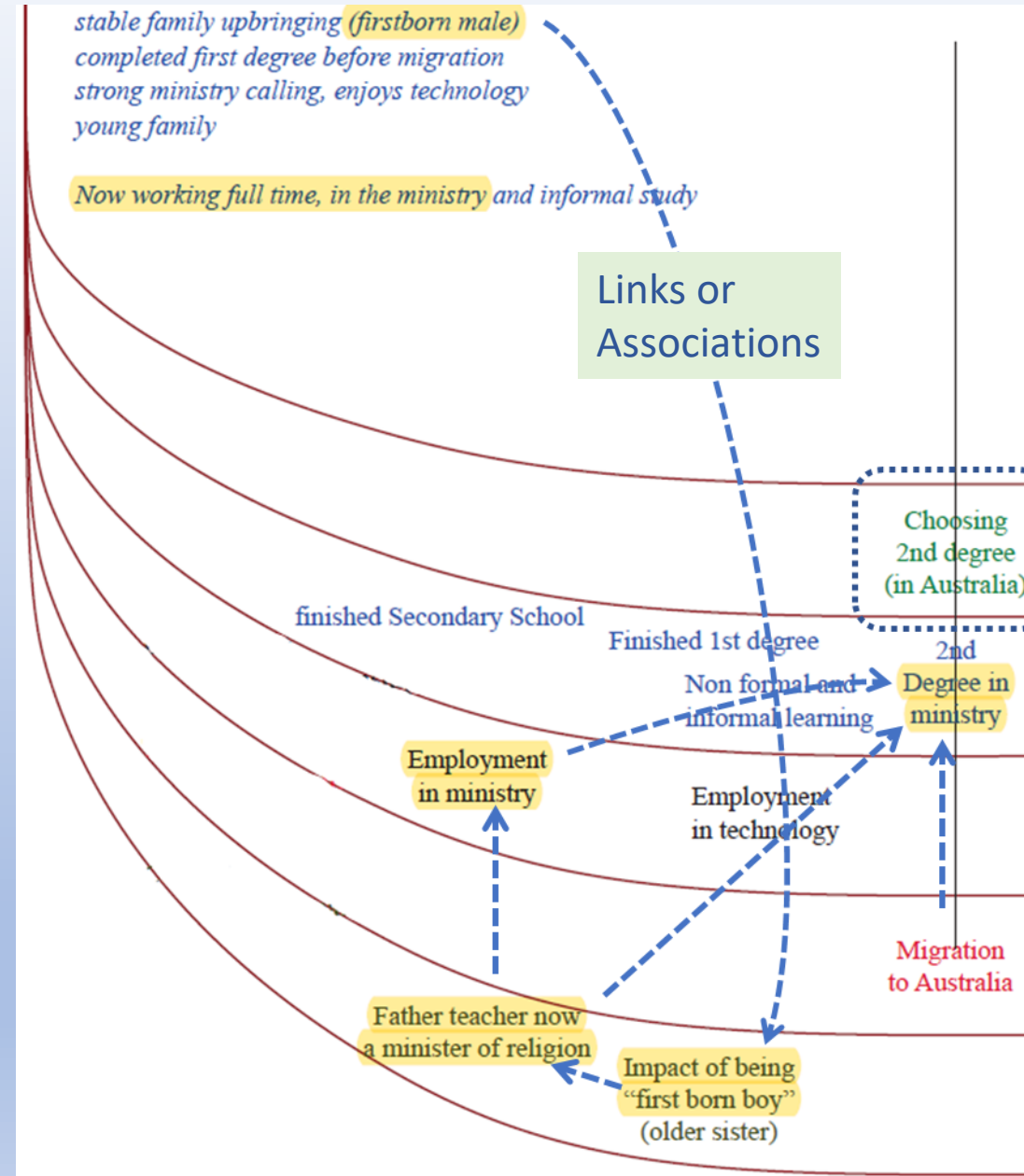


Sets a framework for a future web based app development project

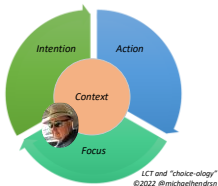
# The machinations of automating the transcription process



# Detailed analysis of an individual learning choice experience (from the LCT)



# Google Forms entry point



## Choice Making Experiences: the Learning Choice Tracker (LCT)

This form supports the collection of personal data that informs the Learning Choice Tracker as used for analysing adult learning choice connected experiences.

Please contact Dr Michael J Henderson for help in using this form to guide your interaction with the project you have agreed to participate in.

If, by chance, you have reached this point without having completed the ethics documentation, please exit immediately.

michael.j.henderson@monash.edu [Switch accounts](#)

 Resubmit to save

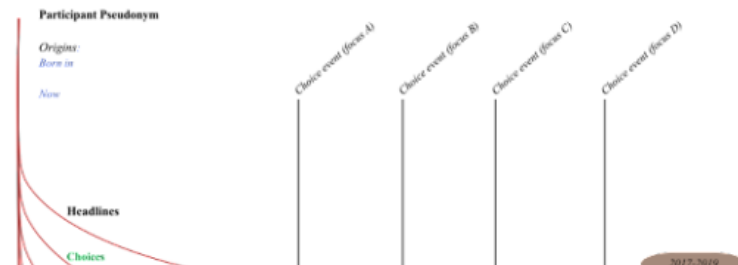
\* Indicates required question

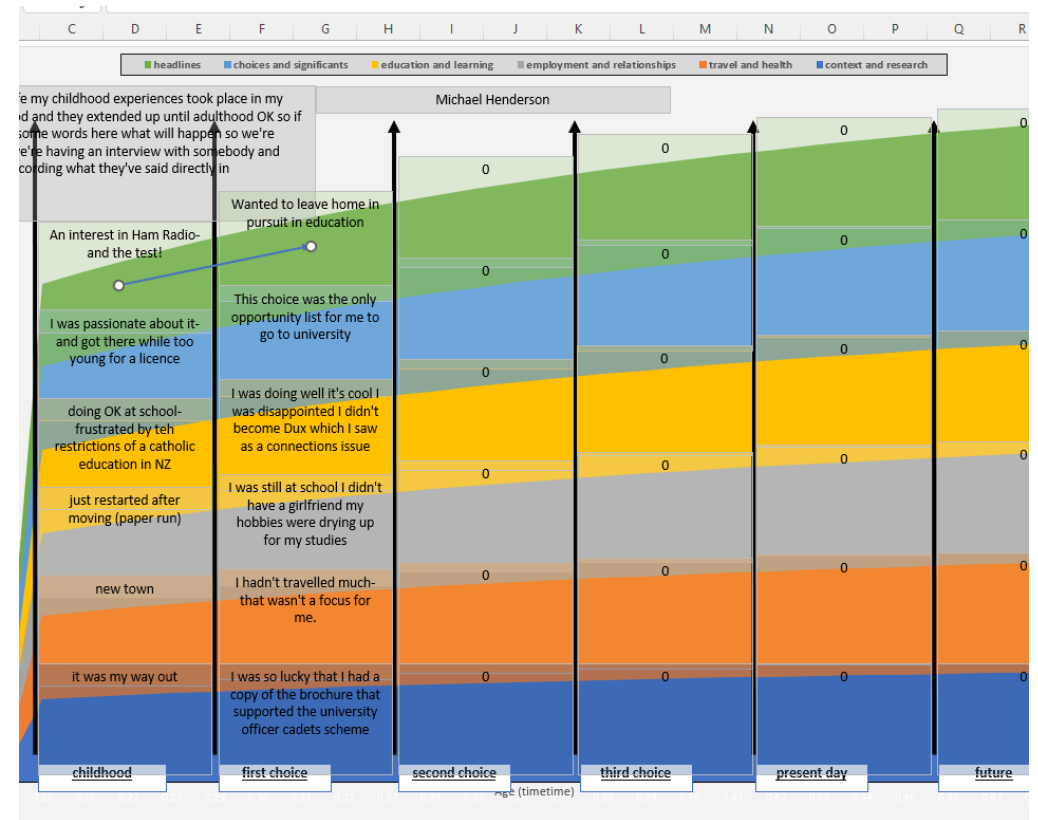
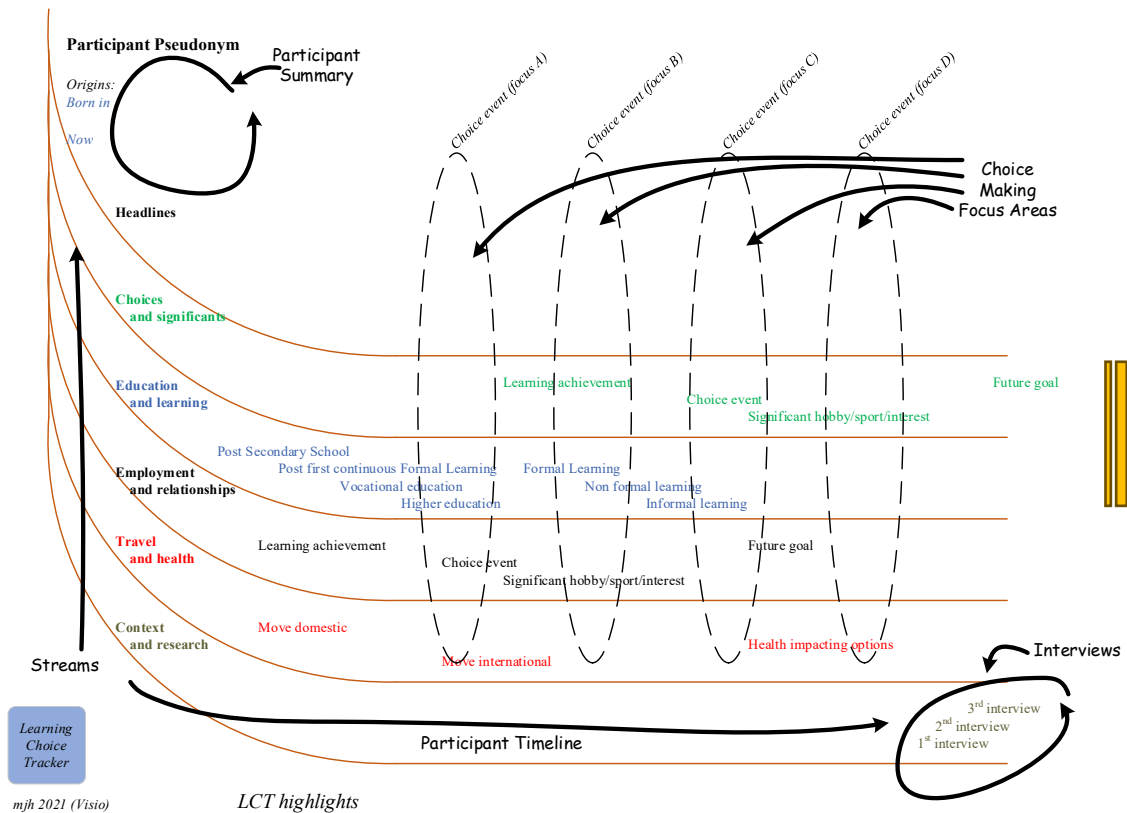
Email \*



Record michael.j.henderson@monash.edu as the email to be included with my response

The information you provide will be used to develop a model based on this layout:



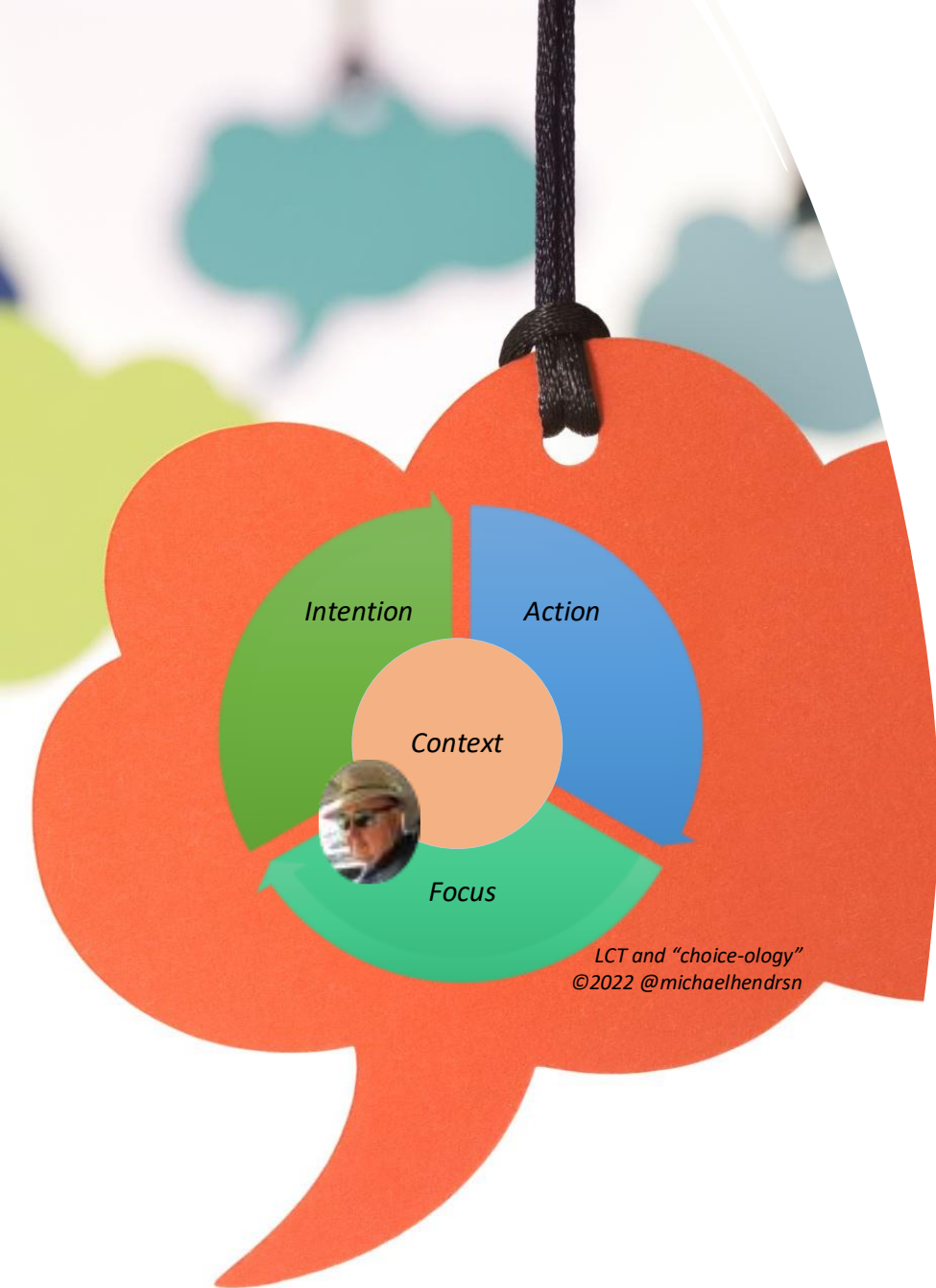


...using a new  
semi-automated tool

# Current thinking...

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- A participant Zoom session with transcribing enabled
- Interviewer copies and pastes into the Google Form 'live'
- Excel Refresh All grabs the data from Google Sheets
- A dropdown selection allows for graphing the participant's response
- A further discussion places arrows and overlay boxes
- Leading to a consensus
- With results reviewed by the researcher in post consideration phase





And what that  
automation  
enables

LCT 'on the fly'  
(+ an app?)



...a much faster time to  
graphical representation



Opportunity to discuss the LCT  
with the participant in the  
same session



Clear pathway to app  
development

# With Some Risks



Too much to cover in too short of time



With speed, comes brevity



Technology failure



Higher skill requirements for the interviewer

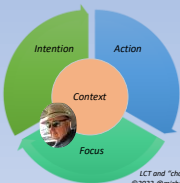
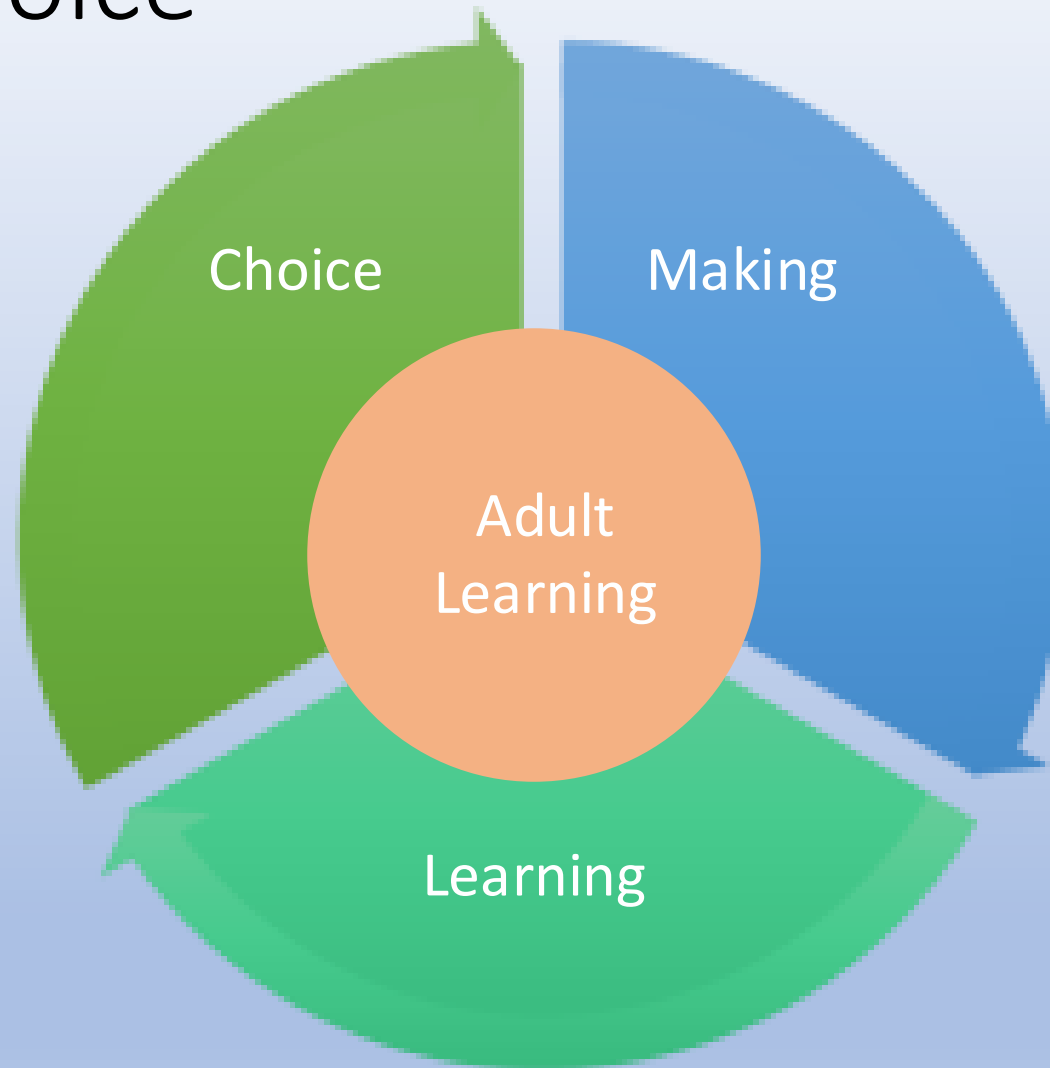
# Next steps

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- Pilot (team and then a small number of participants-one?)
- Recruitment (8-10 existing or past Med students)
- Interviews
- Analysis
- Developing the app – any suggestions here?

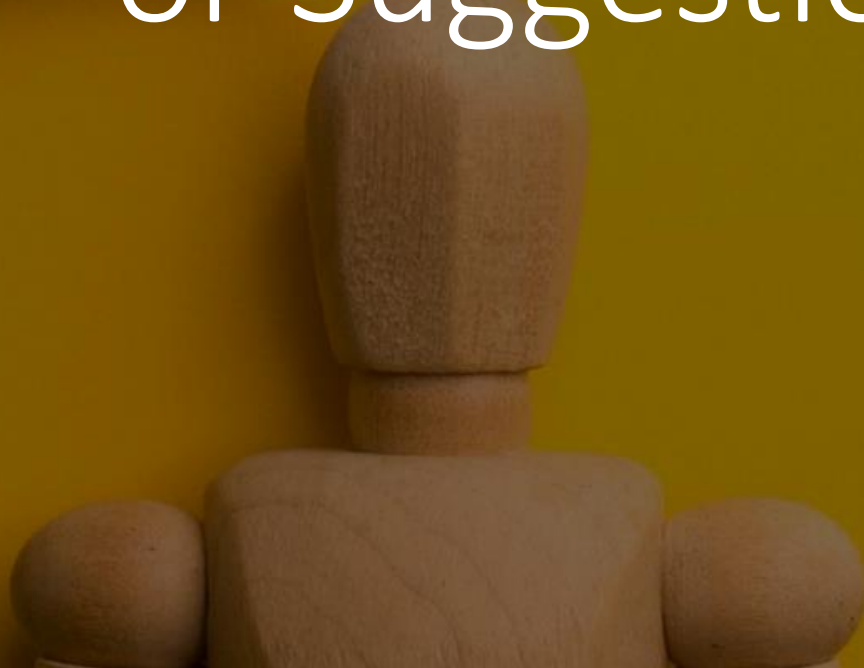


# Learning Choice Making





Questions...  
or Suggestions?



# Adult Choice Making and the Learning Choice Tracker: Another Step in Building the Case

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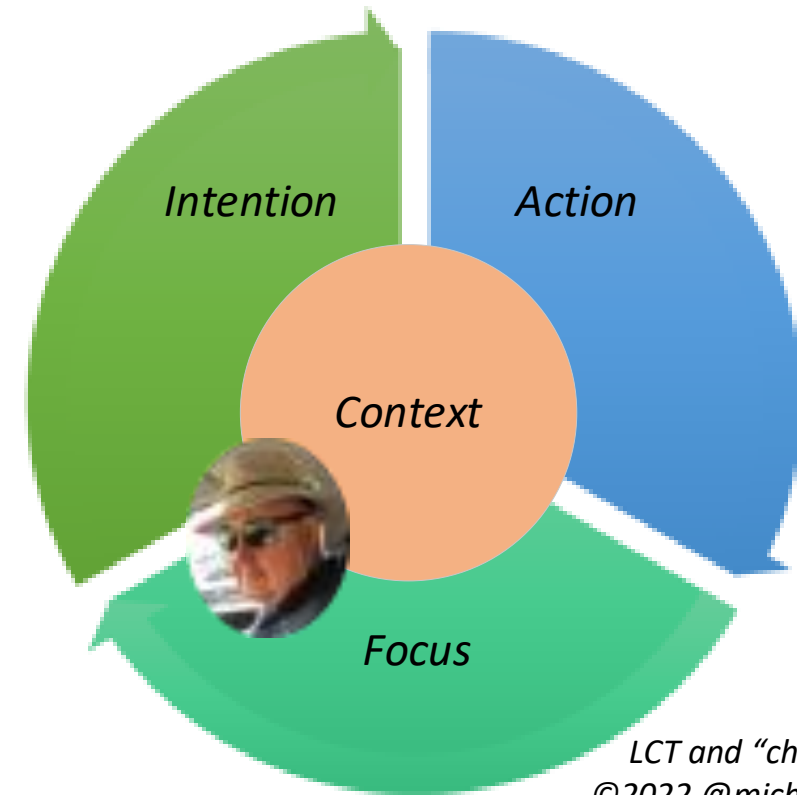
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“Choice-ologist”



*LCT and “choice-ology”*  
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